



# NEED MENTORING?

Aged 10 - 18 years old? Resident of Hackney Council? You are invited to have 12 free 1:1 mentoring sessions with a trained and qualified expert youth mentor from The Mentoring Lab.

For 1 hour each week you'll be given time to reflect, explore and make the positive steps required to progress in education and your personal life.

We want every young person to get the best out of life, so we make sure that our expert youth mentors are safe, non judgemental and have a fantastic mentoring toolkit to support you along the way. Register now as spaces are limited.

## You'll improve your

Confidence

Self awareness

Behaviour

Career options

Relationships

Study skills

Attitude to learning

Focus

Resilience

Every Monday

**When**

9th March to 25th May 2020

**Dates**

Homerton Library

**Venue**

Homerton High Street, E9 6AS

**Location**

Between 3.30pm - 7.30pm

**Time**

Free

**Cost**

[www.thementoringlab.co.uk](http://www.thementoringlab.co.uk)

**Registration**

020 8158 8500

**Contact**

@thementoringlab    

